









St Bernadette's Primary School, Castle Hill
Stage 1, Year 1 - Curriculum Overview - Term 1, 2022



Teachers: Nathalie Casten, Debbie Sills (Wednesday) 1G, Danielle Hutchinson 1W, Maddie Koeberler 1B

STRENGTH THROUGH GENTLENESS

General Information	English	Mathematics	Religious Education
<p>Dance Fever: Monday</p> <p>Sports uniform: Monday and Tuesday</p> <p>Library: Tuesday (<u>Return library bag on Monday</u>)</p> <p>Canteen & Uniform orders: order online-</p> 	<p>Students engage in daily writing and will create texts for a variety of informative, persuasive and imaginative purposes.</p> <p>Students will participate in independent, guided, shared /modelled reading daily.</p> <p>Students will participate in speaking and listening activities within groups to demonstrate emerging skills of meaningful interactions (giving and receiving clear messages with intent).</p>	<p>Students will be engaged in open ended, rich mathematical tasks that will develop and extend each student's mathematical knowledge.</p>  <p>Term 1 focus</p> <ul style="list-style-type: none"> • Whole Number • Length • Addition & Subtraction • Data • Position 	<p>Students will demonstrate an understanding and appreciation of prayer as very important in our relationship with God.</p> <p>Prayer experiences:</p> <ul style="list-style-type: none"> • The Angelus prayed daily 12pm • Morning prayer, Grace/Lunchtime prayers daily

PDHPE	Homework	
<div></div> <div>As part of Personal Development and Health students this term will participate in lessons designed to develop their understanding of our school wide expectations, referred to as 'The Bernie Roo Way'. Students will be involved in a variety of learning activities that explore and explain our four overarching expectations:</div> <div><div>We are Respectful</div><div>We are Resilient</div><div>We are Safe</div><div>We are Learners</div></div>	<div><ul style="list-style-type: none">Homework due on Friday and given out on FridayPM eCollection (K-2) will continue in 2022, updated access will be provided by mid term.Premier’s Reading Challenge: 28th Feb 2022 and closes on Friday August 19th 2022.</div> <div></div>	
Term 1 Highlights	Other KLA’s	Communication
<div><div><ul style="list-style-type: none">Meet the Teacher Zoom Meetings Week 3Shrove Tuesday 1st MarchAsh Wednesday 2nd MarchWeek 4 English books to go home 18th FebWeek 7 Catholic Schools Week (7th-12th March)Week 8 Mathematics books to go home 18th MarchMonday 21st March Cross Country & Harmony DayFriday 8th April- Last Day of Term 1Term 2 TUESDAY April 26th</div><div></div></div>	<div><div>History</div><div>Term 1 focus: How can we as a member of a family describe how family life has changed?</div><div>Science & Technology</div><div>Term 1 focus: What are the different forms of energy around us and how can we detect them? How are forces used for a purpose?</div><div>PE Focus: Students will be exploring what enhances their health and wellbeing while participating in a variety of games. They will also be discussing the effect that physical activity has on their body, what makes it enjoyable and how to have positive and inclusive relationships with their peers. Mrs Blazevic</div><div>Creative Arts- Drama Focus Students will be given examples, and discuss the intentions behind a dramatic piece of work. They will explore the dramatic form of puppetry and create their own performances. Mrs Watt</div><div>Visual arts- students will make artworks about experiences of real and imaginary things. Also to explore characteristics of people around them and focus more on details (class teachers).</div></div>	<div><div>Please direct all emails to bernadettech@parra.catholic.edu.au</div><div><div>Like and follow our Facebook page for regular updates-</div><div></div></div><div><div>St Bernadette’s Primary, Castle Hill</div><div>Compass Parent Portal</div><div>Email sent to all parents inviting them to sign up for the Compass Parent Portal</div><div>School website- www.stbernadetteschill.catholic.edu.au</div></div></div>

Wellbeing at St Bernadette's

Numerous studies have shown that wellbeing is more than just being happy or having good health. It is a condition of 'flourishing', where children thrive in many aspects of their lives. A strong sense of wellbeing contributes to good mental health as well as enhances a child's learning.

Wellbeing helps us:

- ❖ *Stay resilient when times get tough*
- ❖ *Build social supports*
- ❖ *Emerge from our challenges even stronger, knowing we have the ability to cope*

Our St Bernadette's wellbeing lessons will include:

- ❖ *Meditation and mindfulness practices*
- ❖ *Understanding our strengths*
- ❖ *Cultivating good relationships*
- ❖ *Gratitude*
- ❖ *Understanding our emotions and how to regulate them.*

