

St Bernadette's Primary School

357 Old Northern Rd,
CASTLE HILL NSW 2154
Tel: (02) 9407 6600 Fax (02) 9407 6699

16th February, 2021

St Bernadette's Cross Country 2021
Students Years 3 - 6, Yr 2 Students – 8 Yrs
9am – 12:30pm

Dear Parents,

The 2021 Cross Country Carnival will be held on **Friday 5th March**. The carnival is a compulsory part of the school's curriculum for students in years 3-6 and attendance is expected. Students who are in Year 2, have turned, or are turning 8 in 2021, are welcome to participate if they can comfortably run/walk the distance of 2km.

The cross country will be held at Crestwood Reserve, Baulkham Hills where the children will be running around a circuit, and then returning to school via bus for the remainder of the day.

The day forms part of our Elite Sports Pathway, whereby the top 6 places within each age category (8/9 yrs, 10 yrs, 11 yrs, 12/13 yrs) will be selected into the St Bernadette's Cross Country team to compete at the Parramatta Diocesan Cross Country Carnival on Tuesday 4th May, 2021. This is the first of our 3 big carnivals for the Year which contribute to the House Cup. Every student will earn points for their House based on their place as they cross the finish line.

All children will be transported to and from the venue by bus. All children are expected to return to school at the completion of the carnival.

Details:

<u>Date</u>	Friday 5th March, 2021
<u>Venue</u>	Crestwood Reserve, Fields 1 and 2, Cnr of Crestwood Drive and Chapel Lane, Baulkham Hills
<u>Time</u>	9:00am to 12:30pm
<u>Food</u>	Please bring your own food and drinks, as there is no canteen available.
<u>Transport</u>	Children will travel by bus leaving school at 8.45am.
<u>Uniform</u>	House colour shirt with school sports shorts (or skins) including school hat and sunscreen.
<u>Permission</u>	Permission note to be returned to the class teacher no later than Wednesday 24th February .
<u>Wet weather</u>	In the event of inclement weather, children will remain at school as normal.
<u>Parent help</u>	Parental help is essential for the Primary Cross Country Carnival. If you are able to assist, please complete section 5 of the permission letter.

DRAFT TIMETABLE

Time	Age Group
9:30	Walk the course (Yr 2, 3 & new students)
10:00	12/13 Boys (3 km)
10:15	12/13 Girls (3 km)
10:30	11 Yrs Boys (3 km)
10:45	11 Yrs Girls (3 km)
11:00	8/9 Yrs Boys (2 km)
11:15	8/9 Yrs Girls (2 km)
11:30	10 Yrs Boys (2 km)
11:45	10 Yrs Girls (2 km)
Approx 12:15	Age Champion Medals and HOUSE SHIELD presented
12:30pm	Bus Returns students to school

If you have any further enquiries, please contact the school office.

Yours sincerely,
Mrs Ilana Blazevic
School Sports Co-ordinator

(Note for Years 3-6 Only & Yr 2 - 8 Yrs)

Primary Cross Country

Please return this page to class teacher,
no later than Wednesday 24th February, 2021.

1. Permission to participate in the St Bernadette's Cross Country.

My child _____ of class _____ has permission to compete in the St Bernadette's Cross Country Day on Friday 5th March, 2021 to be held at Crestwood Reserve, Baulkham Hills.

[Please complete Q.2, 3, 4, 5 and return the whole page]

2. I understand that my child will compete in the age category based on DOB (The age they turn in 2021).

3. Permission regarding travel arrangements

My child has permission to travel by bus to and from Crestwood Reserve on Friday 5th March, 2021

4. Medical Condition (NB asthmatic children MUST carry a puffer on the day) _____

5. Parent / Guardian's Emergency contact Name & Number (On the day)

Name _____ Contact No. _____

6. Parent Help –

Yes, I will be able to **assist** at the Primary Cross Country.

Please indicate your preference(s) below:

Marshalling Timekeeper Place Judge On Course Marker

I have completed the Parramatta Diocesan's online training module- **Building Child Safe Communities (link on our website)**

Parent / Guardian

Signature

____ / ____ / 2021
Date

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YEAR 2:

Dear Parents,

At St Bernadette's, we run 3 main sports carnivals throughout the year. The first of these is the Cross Country Carnival which is coming up in a couple weeks time. Due to the nature of our NSWPSA School Sports Pathways, each year we run 2 separate carnivals - an Infants carnival (held at school with a mini race and games) and a Primary Carnival (held at an external venue where children compete in 2km and 3km events throughout the morning).

This year, **all Year 2 students turning 8 in 2021**, may participate in the **Primary Cross Country on Friday 5th March, 2021 at Crestwood Reserve**. All students who attend our carnival are of varying levels of athletic ability. Our Cross Country carnival serves two purposes. Firstly, it encourages active participation in health and physical fitness activities and second, as a pathway for talented students to progress through to the Parramatta Diocesan Cross Country Carnival as part of the St Bernadette's Cross Country team. If your child would like to participate in the Primary Cross Country, please complete the permission note.

The Infants Cross Country Carnival will be held at school later in the term. We like to include all Infants students in this 2-hour active session - ie. We do not want the Under 8 children to miss out on the Infants Cross Country which is a fun event for the entire Infants group on the day. Students will participate in a range of obstacle course activities and run a mini cross country. The Infants students will also run one of the following races:

Kindergarten boys
Kindergarten girls
Year 1 boys
Year 1 girls
Year 2 boys
Year 2 girls

A separate note will be sent for the Infants Cross Country.

We are looking forward to seeing you at the carnivals and welcome any parent helpers who are keen to assist. (parents must have completed the Parramatta Diocesan's online training module - Building Child Safe Communities, link from our website).

Kind Regards,

Mrs Ilana Blazevic
School Sports Co-ordinator