



St Bernadette's School

Friday 13 August 2021 — Term 3 Week 5

No. 25

Dear Parents,

Today marks the halfway mark of the term. It's hard to believe that we have been working at home for so long with some more time yet to come. Once again, I thank you for the support you continue to show to your child, your child's teacher and the school in general. I appreciate how frustrating and exhausting the current situation is for everyone! I pray that we are able to return to school in the not-too-distant future.

This Saturday, 14th August is the feast day of Saint Maximilian Kolbe. His name is one that you have probably heard of before because he lived not that long ago, passing away on 14th August 1941. He was made a saint in 1982 by Pope John Paul II. Maximilian Kolbe grew up in Poland, set up monasteries in Poland, Japan and India and endured horrendous situations due to WWII persecution. He had a strong devotion to Mary and that devotion gave him strength to remain strong when times were against him. He showed true care for others- he gave his life so that another might live.

I mention this saint because he showed perseverance when times were tough, much tougher than most of us will ever know. He showed dedication to his faith to give him strength and he maintained care for others when he knew that this choice would have devastating consequences. Thankfully we are not challenged to the same extent that Maximilian Kolbe was, though the COVID pandemic can sometimes 'rattle' us, test our patience, make us lose sight of what is most important and make us become egocentric. Our faith could waver or maybe our prayer life takes a back seat. Maybe this weekend we could all say an extra Hail Mary to ask Our Lady to guide us during these troubled times and give us all strength to continue with a smile.
May God bless and keep you.

Bianca Cooke - Principal

Maximilian Kolbe



R.E. NEWS



On Sunday 15th August we celebrate the Feast of the Assumption and we remember that Mary is in heaven with God.

On November 1, 1950, Pius XII defined the dogma of the Assumption. Thus he solemnly proclaimed that the belief whereby the Blessed Virgin Mary, at the close of her earthly life, was taken up, body and soul, into the glory of heaven, definitively forms part of the deposit of faith, received from the Apostles. To avoid all that is uncertain the Pope did not state either the manner or the circumstances of time and place in which the Assumption took place — only the fact of the Assumption of Mary, body and soul, into the glory of heaven, is the matter of the definition.



One of the many reasons why Mary is so important to God is that she always recognised the ways in which God was working in her life. She saw the good things that God was doing and praised God for these things. She also said "yes" to God even when she was scared.

On Sunday 15th you could listen to or read Luke's Gospel, Luke 1:39:56.

<https://www.biblegateway.com/passage/?search=luke+1%3A39-56&version=NIV>

<https://www.youtube.com/watch?v=PSy8AUCi2qQ&t=7s>

You might then reflect of the following questions:

- ♦ Why do you think Mary is held up as a model for us?
- ♦ What is an area of your life to which you need to say "Yes"?

Mrs Shane Robinson - REC

Week 6 Dates

**Mon 19 July to
Fri 27th August
Remote Learning**

Term 3 dates:

Tue 13 July to Thu 16 September

Mon 16 August—Fri 3 Sept

Student Data Validation

Fri 17 September—

Staff Development Day

Term 4 dates:

Tue 5 October to Wed 15 December

Thu 16 & Fri 17

December—**Staff Development Days**



**ST BERNADETTE'S
PRIMARY CASTLE HILL**

Enrolling now

for 2022

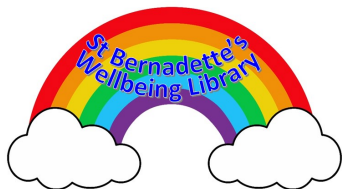
357 Old Northern Rd, Castle Hill
9407 6600 Register at
www.stbernadetteschill.catholic.edu.au

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Email: Bernadettech@parra.catholic.edu.au **Website:** <http://www.stbernadetteschill.catholic.edu.au>

School Calendar: <http://www.stbernadetteschill.catholic.edu.au/en/Community/Events>

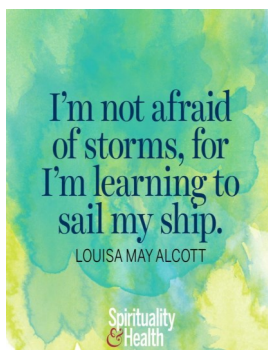


I remember attending a lecture by Michael Carr-Gregg called *Raising Happy and Resilient Children*. You have probably already heard of Dr Carr-Gregg. He is a psychologist who works with children and adolescents, specialising in the area of parenting adolescents and adolescent mental health. He has written many books on the subject and can often be seen on Sunrise, Channel Seven.

He defined resilience as the capacity to face, overcome and be strengthened by adversity. He encouraged us not to shield children from adversity and gave us some ideas about how to encourage resilience in our children.

They were:

- having a charismatic adult in their life from which they can draw strength. This may be a parent or could be another adult (friend or family member) who is a positive role model for them
- developing the ability to solve problems, manage anger etc usually by modelling the behaviour yourself
- teaching positive self talk for improved confidence and self-esteem
- find something that interests them, where they get positive recognition from their peers. In other words, help them to find their **spark**, whether it be an interest in art, music, dance, drama, sport etc.
- And finally spirituality - children that are bound to a belief system feel a sense of connectedness and part of something bigger than themselves and we are lucky to have our Catholic beliefs that help us through tough times especially at the moment.



In our lessons this week we used these resources that you might like to have a look at as a family.

Take care and stay safe,
Sally Coppini

[Resilience](#) (The students haven't seen this video and it might be a conversation starter at home)

[Kinder to Year 2—Resilience Bounce Back](#)

[Years 3-6—Resilience What is resilience The Hugging Tree](#)

[Here is a link to a song - Katy Perry Resilient](#)

Book Club—Term 3

This term bookclub will be a little different, and we are so excited to be able to offer Bookclub during these unprecedented times.

Firstly the **ISSUE 5** brochure is online - <https://www.scholastic.com.au/media/6360/bc521.pdf>

Secondly deliveries **will not** be sent to school but directly to your home for \$7.50 delivery fee. For our new parents and those ordering for the first time please use the following link to register and order.

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>

Remember - 20 percent of all orders goes back to the school to purchase new material for our children. For any further assistance you can call Scholastic directly on 1800 021 233.



School Fees

Term 3 School Fee accounts are due on **Wednesday, 18th August**. Thank you to all families that have finalised their 2021 school fee account. If you haven't already finalised your account for 2021, we ask if you could please make payment, or, should you wish to discuss your account, please contact Mrs Vicki Cassidy on 9407 6600 or email vcassidy@parra.catholic.edu.au.

Fees can be made by CHEQUE, CREDIT CARD, EFTPOS, BPAY, BPOINT or POSTBILL.

Please click on the link below to be updated with the latest Covid -19 Fee Support from the Catholic Education Office, Parramatta.

<https://parra.catholic.edu.au/News-and-Events/Announcements/COVID-19-Fee-Support>

Bishop Vincent's Pastoral Letter on the COVID-19 Vaccination

Here is a link to the recent Catholic Outlook article - Bishop Vincent's message on Covid-19 vaccination: [Pastoral Letter on COVID-19 Vaccination](#)

Hillsbus School Service

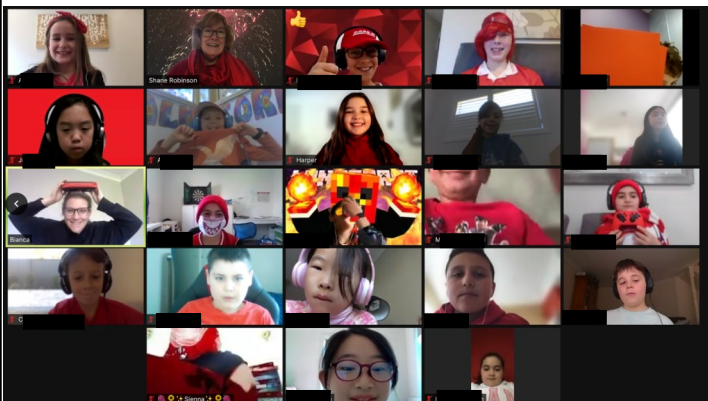
Hillsbus school services will resume normal operation from Monday 16th.

According to NSW Health, face masks are compulsory for students over 12 years old on public transport. For more information visit transportnsw.info/



Colour of the Day—4W

4W featured a 'colour of the day' for their zoom meeting on Thursday. Here is a snap shot of their meet-up.



COMPASS PARENT PORTAL

Have you downloaded it yet? So many benefits ... ease of communication, push notifications, update family details, quick & easy absentee notification, school calendar and more! Contact the office for further details.

KINDERGARTEN & Years 1 to 6 2022

Have you enrolled your child for Kindergarten 2022? If not, limited places remain for next year's Kindergarten intake. Interviews are now taking place with Mrs Cooke, school principal (and for Yrs 1 to 6 2022). If you have not yet submitted your enrolment form and accompanying documents could you please contact the school office as soon as possible.



Student Data Validation

Please update your contact details

On Monday 16 August you will receive an email or SMS (for those parents without email) from Catholic Education Diocese of Parramatta (CEDP) asking you to review and, where necessary, update the key information they hold about your children currently enrolled in CEDP schools.



The purpose of this review is to ensure that CEDP has the right details to correctly identify and support students, including contacting families in an emergency or to share important updates.

Steps have been taken to ensure this process is as secure as possible to protect your information and your family's privacy. Your information is only accessed by authorised staff when it is necessary and in accordance with our [Privacy Policy](#).

The link is **open until Friday 3 September** and I encourage you to complete the review/update as soon as possible to ensure that your family's correct details are on file. This is particularly important as Greater Sydney remains in lockdown due to the COVID-19 outbreak.

This [short "how to" video](#) may assist you with completing the process (use the closed caption icon to turn on subtitles). Please don't hesitate to contact the school office if you have any questions or concerns.

Only one person per family needs to complete the survey and it takes about 15 minutes to complete. If you have any questions or to seek help, please contact the CEDP Community Liaison Team on 9840 5796.

COVID-19 symptoms



Fever



Cough



Sore throat



Shortness of breath



Loss of smell



Loss of taste

Stay Safe



Clean your hands thoroughly for at least 20 seconds with soap and water, or an alcohol-based hand sanitiser



Cover your nose and mouth when coughing and sneezing with a tissue or your elbow. Put the tissue in the bin and wash your hands