



St Bernadette's School

Friday 19 June 2020 — Term 2 Week 8

No. 18

Dear Parents,

As you would have heard this year and at the end of last year, St Bernadette's is moving towards the launch stage of our PBS4L project. Positive Behaviour Support for Learning (PBS4L) brings together the whole-school community to contribute to developing a positive, safe and supportive learning culture. The framework assists schools to improve social, emotional, behavioural and academic outcomes for children and young people.

Our school had previously identified Four Core Values that we reinforce with all students and use to help to form the basis of the discussions we have at school. They are the values of:

- Being safe
- Being respectful
- Being resilient
- Being a learner

Below is part of an article by Michael Gross, an Australian Author and Speaker specialising in Parenting support. This article is about raising resilient children and may help you to support our work at home. I will run the article over the next few weeks. Perhaps you could try a few tips with your children in the upcoming weeks!

Raising Resilient Problem Solvers by Michael Gross

Personal problem-solving is an under-rated skill shared by resilient children and adults. The ability to solve your own problems is the basis of a child's autonomy and self-efficacy. When parents solve all children's problems we not only increase their dependency on adults, we also teach kids to be afraid of making mistakes and to blame themselves for not being good enough. So how can we raise kids to be courageous problem-solvers rather than self-critical, low risk-takers?

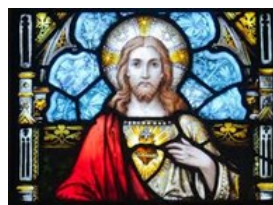
Here are six practical ideas to get you started:

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R.E. NEWS



Today, on the feast of The Most Sacred Heart, we celebrate God's creative love bursting forth into the heart of creation, into the heart of humanity. It is a day to reflect on the boundless love that God has for each person. In essence it speaks of the great tenderness of a God who stoops down and lifts us up when life is filled with challenges and suffering. God's love reaches out to us, invites us, and draws us into the very heart of God where our lives are transformed into being the hands and feet, the gentle voice and the listening ear of Christ in the world today.



In essence the feast of the Sacred Heart is about celebrating the goodness, kindness and compassion that was at the heart of Jesus' ministry. A way to celebrate this feast would be for us to give recognition to the many acts of random kindness and goodness that we see around us each day. For it is in the daily activities of life that people continue to give witness to the compassionate face and heart of God. Compassion calls us to be a beloved Christ-like presence in our world today. In recent times, I guided a group through the experience of good listening. I posed this question to reflect upon: 'reflect on a time in your community when good listening brought about a positive change in your group'. One such example came from a parish community who heard the news of a drought stricken community and the community worked together to bring about a supportive and positive outcome which became a mutually enriching experience. Are you willing and ready for the goodness and compassion of your life to be poured out for others, so that the divine dance of love continues?

<https://www.youtube.com/watch?v=nwAYpLVyeFU>

Mrs Shane Robinson—REC

Week 9 Dates

Waste Free Recess & Lunch Everyday

Mon 22 June

8.30am Morning Assembly—Children Only

Tues 23 June

8-10 am Uniform Shop—emailed orders only
Netball Training commences

Wed 24 June

No Student Banking until further notice
Netball Training commences

Coming Dates:

Tues 25 August

7.30am ICAS English

Tues 1 September

7.30am ICAS Maths

Fri 25 September

Staff Development Day & Pupil Free Day

ENROLLING NOW FOR KINDERGARTEN 2021

Please call: 02 9407 6600

For further information

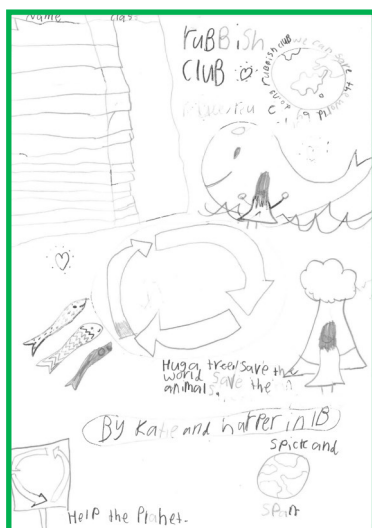
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1. Turn requests for help into problems for kids to solve

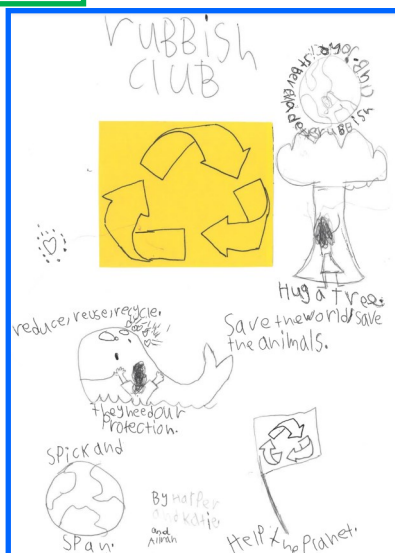
Kids get used to bringing their problems to parents to solve. If you keep solving them, they'll keep bringing them. "Mum, Sarah's annoying me" "Dad, can you ask my teacher to pick me for the team?" "Hey, I can't find my socks!" It's tempting if you are in a time-poor family to simply jump in and help kids out. Alternatively, you can take a problem-solving approach, cuing them to resolve their own problems and take responsibility for their concerns. "What can you do to make her stop annoying you?" "What's the best approach to take with your teacher?" "Socks, smocks! Where might they be?"

Year 1 'Rubbish Club'

This week, as I visited the students in 1B, I was greeted with a surprise. Three young learners had responded to my Monday Morning assembly message about putting your rubbish in the bin and not leaving it on the ground for others to pick up. They created some posters that highlighted the importance of caring for our environment. They did this in their own time and are very keen to share their message. So, St Bernadette's, the challenge is there for you! Help protect our environment and keep our school 'spick and span'.



Thank you to our Eco supporters-
Harper Clark,
Katie Coghlan and
Alirah Zaidan Sciberras.
Mrs Cooke



(International Competitions and Assessments for Schools) ICAS 2020

Years 3 to 6 students are offered the opportunity to participate in the areas of English and Mathematics in the online assessments. An email was sent to all parents yesterday giving full details. If you wish your child to participate please register and pay online before returning the acknowledgement slip to us. Closing date to register is Friday 14th August. Dates for the assessments are:
Tuesday 25th August—English
Tuesday 1st September—Mathematics

Building Child Safe Communities—Volunteer Undertaking

Dear Parents/Carers

In Catholic Education Diocese Parramatta (CEDP), we see parents and carers as partners in your child's learning journey. Parents and carers are encouraged to become involved in our schools in many important ways such as supporting classroom learning, being part of advisory groups, mentoring programs, coaching sporting teams and supporting other extra-curricular activities, canteen support and other kinds of help.



A range of checks and undertakings are required for people who work for or provide services to CEDP. These checks reduce potential risk and form part of our strategy to build child safe communities.

CEDP has launched a new Building Child Safe Communities form and online training module that all volunteers are required to complete by end of September 2020.

The purpose of this training is to inform you of the standards of behaviour and other requirements that must be adhered to when volunteering for CEDP.

The undertaking should take no more than 5 minutes to complete and the training module approximately 10 minutes. Once the form and training modules are submitted, an automated email will be sent to you within two business days to confirm the status of your submission.

The undertaking form will expire within two years or when your Working With Children Check expires (if applicable), whichever is sooner. At that time you will need to complete the undertaking form and training module again. You will receive an automatic reminder email when this occurs. Further information on the new online form and training module can be found at www.parra.catholic.edu.au and clicking on about us/building child safe communities. Within the form you will also find help sheets and a video tutorial to assist you. A separate email will be sent to all parents on Monday morning with the link to go online and complete the volunteer undertaking online.

Thank you in advance for your support.

**Congratulations to the following
students receiving Social Skills Awards**

KB	Aidan Shalala	Ava Khoury
KG	Bruce Zheng	Tahlia Baker
KW	Emma Gillogly	Annie Heneghan
1B	Junyi Wang	Victoria Kalina
1G	Nayonika Sharma	Isabelle Minett
1W	Annabeth Lean-Fore	Austin Ellis
2B	Zahra Mardanian	Isaiah Mathews
2G	Sienna Khoudair	Isaac Saad
2W	Christian Khoudair	Bianca Hanna
3B	Benjamin-Jude Raad	Seline Chen
3G	Avantika Bitra	Jingzhi Sun
4B	Zara Hawkes	Renee Mathias
4G	Sophie Pratt	Gianni Castellan
4W	Ryder Egan	Breannah Ragno
5B	Jet Jackson	Joseph-Anthony Raad
5G	Jack Robinson	Charlie Thom
5W	Joshua Tan	Isabella Mathews
6B	Danielle Khoudair	Ysabella Jaucian
6G	Panawalage Perera	Olivia Kirkham
6W	Alannah Ceh	Lucas Heyes



NSW Premier's Reading Challenge

Congratulations to the following children for completing the reading challenge. Fantastic effort!

Alyssa Le; Isabelle Minett; Elle Dibble; Elizabeth D'Souza; Nicholas Reyna; Zoe Kouknas; Harry Palmer; Renee Sakkal; Matthew Barone; Xavier Bounassif; Abigail Barone; Daniel Dvorjak; Nathaniel Barone.

A special mention goes out to the following grades who have a high number of students participating:

Year 1—26 students

Year 6—24 students

Year 4—22 students



Building Works

Since the start of the year we have been having ongoing water damage issues due to the deterioration of the roof of the Music room/PE room/Yr 3&4 COSHC space. I am thrilled to let you know that we are now able to proceed with much needed repairs!

The roof is being replaced, internal damage being repaired and new carpet laid.

The work is due to commence next week- Tuesday for deliveries and set up. The work will take about 4 weeks to do - 2 of which are in the school holidays.

This means that you will see some extra trucks, equipment and workers around. Please be assured that all safety aspects have been assessed by the builders and the school, and constant monitoring of the site and surrounds will occur. It also means that those classroom spaces are out of bounds for all students, teachers and parents.

All workers have completed Child Protection Training though will not be engaging with students in any way.

Yrs 3 & 4 COSHC (after school) will be relocated to another class space for the duration of the project.

If you have any questions, please contact the Office.

Mrs Bianca Cooke - Principal



Class 4G enjoyed being in the amphitheatre and seeing the new statue while participating in their morning prayer today.

Term 2:

Mon 27 April to Fri 3 July

Term 3:

Mon 20 July to Thurs 24 September

Fri 25 September—Staff Dev & Pupil Free Day

Term 4:

Mon 12 October to Wed 16 December (last day for students)



Parish News

SACRAMENTAL PREPARATION FOR HOLY COMMUNION 2020:

Families who would like their child to commence preparation to receive the sacrament of Holy Communion need to submit all the necessary enrolment paperwork, including the 'Welcome' card, during the following times:

- Monday 22 June - 1pm - 3:15pm, 5pm - 7pm
- Tuesday 23 June - 1pm - 3:15pm, 5pm - 7pm
- Wednesday 24 June - 5:30 - 7:30pm
- Saturday 27 June - 4pm - 7pm
- Sunday 28 June - 8:30am - 11:30am

Enrolments will be held in the Marian Centre. To help us best manage this process and make sufficient plans for Term 3, enrolments will not be taken outside these times. Information packs can be obtained from the parish office during office hours. Please see our parish website or Facebook page for any further updates. For more information, contact Alice at sacraments@stbernadette.org.au or 9634 2622.



**ENROLLING NOW FOR
KINDERGARTEN 2021 & Years 1 to 6**

Please contact the school office if you would like to enrol your child in 2021 on 9407 6600.