



St Bernadette's School



Friday 8 March 2019 — Term 1 Week 6

No. 6

Dear Parents,

"I have carved you on the palm of my hand"
Self-worth is how we feel about ourselves and it comes from a source within us. It is the foundation of our ability to believe in ourselves. It is what we are born with; we can't lose it but we can lose sight of it; we can forget our value. Unfortunately, we are greatly influenced by our society which values flawless performances and places great emphasis on excelling, achieving and winning. We are lead to believe that our worth is tied to our achievements and the judgements of others. However, if our self-worth is dependent on other people's approval of us, we are placing the value of ourselves in someone else's hands. If we are high on self-worth, we will be willing to risk the disapproval of other people. We will trust our own abilities and not feel the need to conform in order to be accepted and loved by those around us. It is who we are and not what we are that ultimately counts.

We parents have a role to play in the nurture of self-worth in our children.

- ▶ We can give them the opportunity to make decisions at every stage of their lives.
- ▶ We can demonstrate through our actions that our life has a purpose and a meaning.
- ▶ We can share how we enjoy who we are and model an optimistic attitude.
- ▶ We can make it known that it is only human to make mistakes and that failure means that we are not successful just yet; we all fail on our way to success and should regard failure as a means of learning.
- ▶ We can confirm through our actions that we all need to take time to treat ourselves with kindness and indulge in things in which we find enjoyment.
- ▶ We can teach our children that the worth of our lives comes not in what we do or who we know but who we are.
- ▶ We can encourage our children to count their blessings not their problems.

- ▶ We can show through the reflection of our own lives that we must love and value ourselves if we are to love others; we need to take care of ourselves if we are to be capable of taking care of others – of our children.

*"Loving God,
Help me to love myself
as You love me – totally.*

*Help me to see myself as made in Your
image and likeness, full of potential just
waiting for my approval to reveal itself.*

*Help me to be the person I can be.
Amen."*

Mrs Leanne Nettleton—Principal

R.E. NEWS



During the Season of Lent, we can focus on the three practices of Lent are; Prayer, Fasting and Almsgiving.

Prayer: In class, the children pray special Lenten prayers as they draw closer to God in preparation for Easter.

Fasting: Many children have chosen to give up a favourite toy, game or food treat for the duration of Lent as they begin to realise the suffering so many people in our world experience every day.

Almsgiving: Is a sign of our care for those in need and an expression of our gratitude for all that God has given to us.

During Lent St Bernadette's always raises money for Caritas through Project Compassion. This year students are focussing on village children in Zimbabwe for our almsgiving and mission project. For every \$45 we raise we can give school supplies to a child in Zimbabwe so they what they need to attend school.

Mrs Shane Robinson—REC



Week 7 Dates

Mon 11 March

Yr 2 Rouse Hill House & Farm exc.

8.30am Morning Assembly

2.45pm Motiv8sport

Tues 12 March

8-10am Uniform Shop Dance Fever

2.50-3.50pm ChiFUNese Mandarin Class

Wed 13 March

Student Banking

8.30am Cuppa 'n Chat

Thurs 14 March

9am Kindy 2020 School Tour

7pm Yr 3 & 5 parent NAPLAN Info Session

Fri 15 March

Bullying No Way Day!

8.30am Yrs 3 & 5 parent NAPLAN Info Session

2pm Yr 1 Frog Club Incursion

Mon 18—Fri 22 March

Parent/Student/Teacher Learning Conversations

Tues 19 March

Dance Fever School Photo Day

Wed 20 March

School Photo Day Yr 6 Backcare Incursion

Thurs 21 March

1.40pm Whole School Assembly

Fri 22 March

Harmony Day

9am Liturgy of the Word

Sat 23 March

9am P&F Working Bee

ENROLLING NOW FOR KINDERGARTEN 2020
Next School Tour: Thurs 14 March 9am Register: 02 9407 6600

Address: 357 Old Northern Road, Castle Hill NSW 2154 **Phone:** 9407 6600 **Fax:** 9407 6699

Address: 357 Old Northern Road CASTLE HILL NSW 2154 **Phone:** 02 9407 6600

Email: Bernadettech@parra.catholic.edu.au **Website:** <http://www.stbernadetteschill.catholic.edu.au>

School Calendar: <http://www.stbernadetteschill.catholic.edu.au/en/Community/Events>

School Gate Closures

Do you know that the school gates are closed after the school bell each morning and only opened again just before the end of school day bell in the afternoon?



In the mornings Mr Balfour opens the Kiss 'n Drop car park entry gate, the bottom car park pedestrian gate and the Marian Centre gate. The Brisbane Road walkway gate is opened by the COSHC staff. Each of these gates is then locked by staff as the children commence their school day after the bell.

Parent volunteers sign in at the school office and then enter via the Blue Wall gate (on exiting the school Parent Volunteers are reminded to close the Blue Wall gate behind them). Children who arrive late to school sign in at the school office and then enter via the Blue Wall gate.

Bullying No way! Action everyday! Friday 15th March 2019



The children will be engaging in bullying awareness education next Friday as part of our involvement in Bullying No Way day. The recognition of this day builds on our school's proactive approach to bullying. The following link provides you with information about how you as parents can help prevent and respond to bullying <https://bullyingnoway.gov.au/YourRole/Pages/For-Parents-and-carers.aspx>

2019 Mini Vinnies Group

Congratulations to all our Mini Vinnies volunteers who were recognised at our Catholic Schools Week Liturgy on Monday. In recognition of their voluntary efforts these students received a badge that they can proudly wear on their uniform to school each day.



**Student Council War on Waste initiative –
WASTE FREE EVERYDAY**

NAPLAN—YRS 3 & 5

In 2019 the NAPLAN tests for children in Years 3 and 5 will be completed online with the exception of the Year 3 writing paper during the test period of 14th-24th May.

You are invited to join us in the library for a short presentation and Q & A session on Thurs 14th March at 7pm or on Fri 15th March at 8:30am to discuss the 2019 NAPLAN tests and what the online tests will entail for your children.

The NAPLAN assessment provides parents and schools with an understanding of how individual students are performing at the time of the tests. NAPLAN is just one aspect of a school's assessment and reporting process - it does not replace ongoing assessments made by teachers about student performance.

Attendance—Every Learner Every Day

Attendance rate to date is 95.0%

Congratulations St Bernadette's! Our community believes that every day counts for every child and our target each week is to be above 90%.

Our records below show that it has been another great week with Year 2 only just below our target.

Congratulations to Year 5 who made a great leap forward this week nearly reaching 100%.

Kindy	96.4%	Yr 4	93.8%
Yr 1	92.9%	Yr 5	98.6%
Yr 2	89.7%	Yr 6	94.1%
Yr 3	98.6%		

Social Skills—Weeks 5 & 6

Building Positive Relationships At St. Bernadette's (Relationship Skills)

Relationships are strengthened and social and emotional skills developed through repeated experiences of 'give and take'. At St. Bernadette's we encourage student voice, allowing children to have conversations as they get older about these 'give and take' interactions that help to develop sharing, cooperating and taking turns and developing friendships with other children. This helps children to understand the feelings of others and how to think before acting.

At school and at home children can be encouraged to be creative problem solvers, allowing for relationships to be built:

- ♦ Asking questions that help children think of alternative solutions supports their thinking and skills to solve problems.
- ♦ Give children choices- to develop responsibility, children need practice in making choices that are appropriate for their age and experience level. We can help children build decision-making skills by encouraging them to explore options and helping them think through the reasons for their choices.

Before you speak- Think - ' Relationships are built by treating others as we would like to be treated!'

T- Is it True?

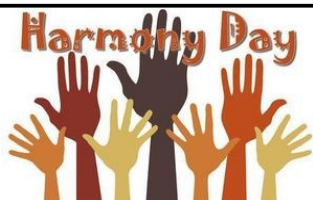
H- Is It Helpful?

I- Is It Inspiring?

N- Is It Necessary?

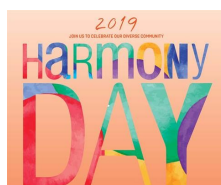
K- Is It Kind?

Mrs Kathy Watt



Harmony Day occurs on the 21st March each year. It is a day in which Australians celebrate the core values of inclusiveness, respect for other cultures, tolerance, and diversity. It is a day that began in 1999 and coincides with the UN's International Day for the Elimination of Racial Discrimination. Orange is the colour chosen to represent Harmony Day.

At St Bernadette's we will be recognising Harmony Day on **Friday 22nd March** and invite our school community of children, parents and staff to wear their national dress or an orange t-shirt or orange accessory, eg ribbons, socks, shorts, joggers or hat to school on the day to show our support and inclusivity of our school community.



Parents are invited to attend a Liturgy of the Word, on **Friday 22nd March at 9am in the Church**. Our school leaders will lead us in prayer and scripture, our acknowledgement of country and a short presentation by Father Fernando and Mrs Ilana Blazevic who attended the World Youth Day. At the conclusion of our Liturgy we would like to invite all parents to join us on Top Court for an International Parade of National Dress and invite members of our school community to speak about their national dress. You might then like to stay



and have morning tea with your children and join with us in the Kunjil presentation by the Muggera group at 11:10am. Kunjil is a traditional dance performance accompanied with a smoking ceremony and indigenous

acknowledgement of country.

Harmony Day is a day of cultural respect for everyone who calls Australia home, from the traditional owners of this land to those who have come from many countries around the world.

The students will return to their classrooms at 11:45am and be involved in viewing a PowerPoint on Harmony Day and completing a Quick Write. Joining with their buddy classes and making a school bag keyring with coloured beads representing Harmony Day. After lunch the students will have a book focus: 'Why I love Australia' and complete a sketch of their interpretations of what it means for them to live in Australia.

Many aspects of the days performances and activities will be written about and artistically presented and shared via Facebook, our school display boards and school newsletter, further enhancing the meaning of respect and inclusivity at our school St Bernadette's and the wider community and the world in which we all live.

Siblings Enrolling Now—Kindergarten 2020

It is very important that sibling families let us know (by end of March) if they have a child to enrol next year so that we can plan our intake for 2020.

Enrolment packs are available from the school office or you can download the form from our website.

Interviews have already started for our sibling families so please have your form submitted to the office with all necessary paperwork by the end of March. Thank you.

School Photos

Tues 19 & Wed 20 March –Week 8

Student photograph envelopes and sibling envelopes were sent home last week.

Parents are asked to complete their order online (or cash) and return their child's envelope to school as soon as possible. On Tuesday 19 March **Yrs 5 and 6** will have their photos taken and will need to be in full summer uniform. They will also need to bring their sport uniform as well for their Dance Fever lesson. Sibling photos will take place on both days.



Book Club—Term 1

Thank you for your continued support of Book Club. We are totally online via the LOOP and no longer accept cash or cheques via the office for Book Club purchases. This is a more efficient system of ordering and tracking the children's orders. **All LOOP orders must be completed by Saturday 23 March 2019.** Please allocate your child to their correct class when ordering via the loop.

If you are new to the school you are able to easily set up an account by following this link <https://mybookclubs.scholastic.com.au/> and clicking onto the register button at the top of the page.

How to Order Book Club Online via the LOOP

- Simply grab your book club catalogue and head to the website:
<https://mybookclubs.scholastic.com.au>
- For a quick start, just click on ORDER
- OR register first to save your details for next time (existing Scholastic Store customers can simply log in)
- Select your school and your child's class
- Add your child's first name and last initial (so the school knows who to book is for)
- Enter the item number from the Book Club catalogue
- All orders are sent directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date
- Afterwards, there's no need to return paper order forms or payment receipt details back to your school!

Many thanks

Book Club Co-ordinators

Congratulations to the following STUDENTS OF THE WEEK

Social Skill: (Relationship Skills) Building Positive Relationships At St. Bernadette's			
Class	Student of the Week	Student of the Week	Social Skill Award
KB	Leonardo Bird	Cameron Lennon	Abigail Barone
KG	Annabeth Lean-Fore	Archie Gulczynski	Jai Kirkwood
KW	Alyssa Le	Charlie Watson	Xavier Shalala
1B	Rachel Zeaiter	Isaiah Mathews	Eve Lincoln
1G	Christopher de Ponte	Victoria Ibrahim	Not for Publication
1W	Grace Abdo	Harry Thom	Harry Watson
2B	Evelyn Salter	Lewis Zalloua	Xavier Lavulo
2G	Alastair Mattin	Emma Sakkal	Audrey Michael
3B	Emma Ballesty	Nathan Elias	Zara Hawkes
3G	Rafael Clemente	Chelsea Nicolaou	Harry Wigham
3W	Savannah Jaucian	Gianni Castellan	Mia Lee
4B	Oscar Polley	Douglas Windress	Jenice Luong
4G	Piper Johnson	Jesse Oliver	Chloe Malandrino
4W	Elle Gaya	Matthew Khoudair	Hilda Mormul
5B	Paula Reina Pinzon	Anthony Gomez	Danielle Khoudair
5G	Grace Zwaine	Xavier Bounassif	Eva Bailey
5W	Lucas Heyes	Chelsea Connell	Hannah Cherian
6B	Amy Ballesty	Gabriel de Ponte	Logan Emmas
6G	Zander Cheng	Meleni Ariyanayagam	Eva Cooper
6W	Aiden Ashkar	Charlize Desouza	Lachlan McLaren

Principal's Awards:

Elle Gaya 4W
 Amy Ballesty 6B
 Lucas Karam 6W
 Meleni Ariyanayagam 6G
 Claudia Chambers 6B



Year 1 Excursion—The Big Dig

Today Year 1 participated in a day out at The Big Dig Archaeology Education Centre where they experienced what it was like to work as archaeologists, excavating artefacts from a simulated archaeological dig.



Birthdays

Just a reminder not to bring lollies/ chocolates to school as treats for birthdays. We have students at St Bernadette's with allergies/anaphylaxis.



Lunchtime Clubs:

- Tues** Gardening Club (recess)
Choir, Library, Little Techies, Gardening Yrs 1-6
- Wed** SRC (even weeks) COSHC Room
Library & Gardening Club
- Thurs** Gardening Club (recess)
Chess in 4G Yrs 3-6 & Library
- Fri** Gardening Club (recess)
Science Club in 6LS Yrs 3-6

Grandparents' Day

Please pass this information onto Grandparents so that they can book this date in their diaries—**Thursday 1st August 2019**. Further details will be issued closer to the time.



2019 School Fees

Families should have received their Term 1 School Fee Statements for 2019 from the Catholic Education Office. If you have not yet received your account please contact the school Office as soon as possible. Unless undertaking a Flexible Payment Plan or other arrangement, payment of fees will be due Friday, 29th March, 2018. Fees can be made by cash, credit card, EFTPOS, BPAY or POSTBILLPAY. If paying by BPAY please make sure the correct biller and reference code is used from statement, this is located on the bottom right hand side of your school fee account. Should you wish to make an alternate arrangement for the payment of your 2019 school fees please contact Mrs Vicki Cassidy on 9407-6600 or email vcassidy@parra.catholic.edu.au.

School Bus—Students

Please note the following change to bus 3639 in the afternoon: now departs from the school at 3.14pm.

COSHC—Vacation Care

COSHC is now taking bookings for the Term 1 holidays. All enrolment forms must be submitted by 29 March. The child must be enrolled into COSHC before confirmation of care. The following excursions have been planned:

- 15th April- Reduce, Reuse, Recycle
16th April- Magic Day
17th April- Powerhouse Museum
18th April- The day before Easter
19th April- CENTRE CLOSED/ PUBLIC HOLIDAY
22nd April- CENTRE CLOSED/ PUBLIC HOLIDAY
23rd April- A day at the Olympics
24th April- Mexican Fiesta
25th April- CENTRE CLOSED/ PUBLIC HOLIDAY
26th April- Featherdale Wildlife Park
Please contact Casey on 0408 582 535 if you have any questions.

P&F News:

Uniform Shop

Our uniform shop will be open on Tuesdays between 8 and 10am—Term Time only.

To order uniform: download order form from website (community/notes from school/whole school) and email uniform shop directly before Tuesday on: uniformshop.stbpnf@gmail.com or school email: bernadettech@parra.catholic.edu.au. Orders will then be sent home via your child on Tuesday.

Working Bee (Saturday March 23)

As summer comes to an end the gardens and grounds at St Bernadette's are ready for a bit of "TLC". The P&F are organising a Working Bee and invite all members of the St Bernadette's community to come along and help us keep St Bernadette's beautiful.

We will be working from 9am-12:00pm but you don't have to come for the full day, just whatever time you can spare. Morning tea is provided and it is a great way to meet new friends and families whilst making a difference to our community. To help us plan the day please register your interest in attending by clicking on the link - <https://goo.gl/forms/GK7CVJEhcHhhSKsE2>

Builders/Tradesmen - donations appreciated! Part of the work we hope to do on the day requires materials and we ask any parents or friends of the school to consider whether they may be able to donate some of these materials. The kinds of materials we need are:

- *Timber (posts and rails), *Concrete sleepers
- *Edging board, *Concrete bags, *Paint, *Screws
- *Mulch/woodchip, *Plants

If you think you might be able to help out please contact Brendan Mitchell (0410 288 756) for further details.

Next Fun Fair Meeting— join us on Wed 13th March at 7.30pm at Castle Hill RSL, Terrace (ground floor). Any enquiries, please contact Nick on 0488 177 618 or nickjgooley@bigpond.com. Look forward to seeing you all there!

Term Dates

- Term 1: Thurs 31 January — Thursday 11 April
(Fri 12 April Staff Development & Pupil Free Day)
Term 2: Mon 29 April— Fri 5 July
Term 3: Mon 22 July—Fri 27 September
Term 4: Mon 14 October to Wed 18 December (for students)

R.I.P. †† Our prayerful sympathy is extended to the Crecca family (Fabian 3G and Amelia 1B), following the recent passing of their uncle. May he rest in peace.



R.I.P. †† Our prayerful sympathy is extended to the Ang family (Noah 1G), following the recent passing of his grandfather. May he rest in peace.



ST BERNADETTE'S SPORT NEWS:

Hills Zone Swimming Carnival

On Monday 18th February, our St Bernadette's swimming team competed at the Hawkesbury Oasis Swimming Centre against other top swimmers from the Hills Zone area. Congratulations to the following swimmers:

Natalie Alam	Bridget Clemente
Ashton Allan	Levi Parame
Charlotte Ward	Liam Worne
Gabriella Papandrea	Olivia Kirkham
Jasmine Drogaris	Patrick Windress
Rafael Clemente	Ysabella Jaucian
Savannah Jaucian	Ailish Lincoln
Paloma Lopez	Ashleigh Scrooby
Rachel Sahabu	Lachlan McLaren
Sebastian Vilorio	Nathan Colaco
Anthony Gomez	Olivia Boxshall
Charlie Akle	Olivia Drogaris
Douglas Windress	Xavier Hennessey
Eva Bailey	Zachary Miller
Jason-Leigh Knight	



The day was a very hot one and the pool was a welcome relief for our swimmers - but it was no holiday. Each and every one of our swimmers put in maximum effort in all their races, many achieving personal bests for their times in the pool. A special congratulations to Charlotte Ward who placed 3rd in the 9 Years 50m Freestyle, and our Junior Girls Relay Team - Ysabella Jaucian, Charlotte Ward, Rachel Sahabu and Paloma Lopez who placed 2nd in their event.

Parramatta Diocesan Swimming Carnival

On Friday 22nd February, our Zone placegetters progressed through to the Parramatta Diocesan Carnival at Blacktown Pool. The girls came up against some very tough competition, but this didn't deter them as they prepared for their races. Congratulations to Charlotte placed 5th in her 50m freestyle heat. A special mention goes to our Junior Girls 4 x 50m relay team - Savannah Jaucian, Charlotte Ward, Rachel Sahabu and Paloma Lopez who placed 5th in their race, therefore narrowly missing out on progressing to the MacKillop carnival by only 2 seconds.



All of these students have earned points towards their House total for 2019. Current House Points Tally:

Blue 34	Gold 25	Green 20	Red 17
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Karen Orsini - School Sports Coordinator

From the House Captains

We would like to congratulate the following students:

Morgan Smith - who made the Parramatta Diocesan Hockey team.

Jack Overend - who made the Parramatta Diocesan AFL team.

Michael Khoudair, Christopher Khoudair, Genevieve Sing - for their participation at the MacKillop trials as part of the Parramatta Diocesan Basketball team.

Good luck to all the children who will be trialling for the remaining Parramatta Diocesan teams in sports such as cricket, football, touch footy, rugby league, rugby union and netball. We know that when the children trial, they will represent us well both on and off the field, always modelling our school values.

Ella-Rose Semaan and Tyler Beames
Red House Captains

