



March 2018

Dear Parents

Each year at St Bernadette's there are a number of children who experience food allergies – in particular anaphylaxis, a severe allergic reaction when they are exposed to peanuts and nut related products. As a community we can assist these children by making our school environment safe.

In the interest and safety of all children please be aware of the following procedures in relation to anaphylaxis:

FOOD SHARING

Children are not to share food with each other. This includes all food including items such as lollies, Easter Eggs and Candy Canes.

BIRTHDAY CAKES

Parents may send in cakes (individual ones are best) for their child's birthday. Parents of anaphylactic children are asked to provide the class teacher with an alternative 'safe' food item which can be kept at school and given to their child at these celebration times. If you would like sibling children to also have a cupcake please pack it in their lunch boxes as we will not allow the children to walk around the school distributing left over cakes.

SWEET/LOLLIES

Teachers will not give lollies/sweets as rewards to the children. In this way we can minimize risk to students who have allergies.

Although these procedures can seem difficult to manage, our aim is to increase safe food practices for all children whilst maintaining a balance of fun and enjoyment for all.

If you have any questions please do not hesitate to contact me for further clarification.

Leanne Nettleton
PRINCIPAL